# The Chesapeake Paddler



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# Pirates of Georgetown (PoG) at 25

# By Jesse Aronson

In 1999, armed with my newly purchased kayak and two hours of training from a local outfitter, I set out to explore the sport of kayaking. By happy coincidence, a fellow named Eric Unterberg was at that time starting a new weekly paddling group in Georgetown. While always a "piracy" affiliated with CPA, the group originally had the unique name of the "Georgetown River Rats". Frank Baxter, the proprietor of Jack's Boathouse, a Georgetown

institution which had been run by the Baxter family since 1945, kindly offered us a home base. With a convenient downtown location and available kayak rentals, the group quickly became popular.

Eric moved on after that first season, at which point David Moore and Stephen Edmundson took the helm and kept the fledgling group's momentum from flagging.. David instilled a strong safety culture in



An early outing. I'm second from the left. Frank Baxter is 5<sup>th</sup> from the left. Joan Spinner, 4<sup>th</sup> from the right, was one of the first to bring a Greenland paddle to PoG.

# Coordinator's Column – Managing Fear

# By Paula Hubbard

I first started sea kayaking on the west coast in the San Francisco Bay area. I took my first class, did my first wet exit, and bought my first boat... a Current Designs Andromeda, not exactly a beginner's boat. I was all in to the sport. I joined Bay Area Sea Kayakers (BASK) and started gong on paddles in the open bay. Of course, I was scared a lot. I constantly worried about my skills, my strength, capsizing, and weather. Would I be so slow that I'd be left behind in the middle of the Bay? Would I have fun or would it be horrible?

Fear is a normal reaction that warns our bodies to be careful. There are several types of fear. A phobia is an irrational fear focused on something specific. You probably would not be a paddler if you had a phobia about being on or in the water. Anxiety is a type of fear, dealing more with worry about the future, rather than fearing something that is present. We see a lot of anxiety during SK102 when new paddlers are getting ready to do



their first wet exit. True fear is an appropriate response to something that is actually threatening. When you are in a potentially dangerous situation, realistically appraise your skills vs. the demands of the environment. Maybe you don't need to go there. This is not giving in to your fear, it is an

appropriate response.

How can we recognize the anxious or fearful paddler? I've seen anxious paddlers who paddle fast out in front of the group, never looking back, possibly unaware that they're scared, and afraid to even turn around. For some people it's hard to admit that they're scared. Fearful paddlers may become tense. They have what we call a white-knuckle grip on the paddle. Their boats may appear wobbly because they are so tense. Frequently, the cause of anxiety is fear of the unknown, or what might happen as opposed to what is going to happen.



When kayaking, we have several common causes of fear and anxiety. Many kayakers have a fear of capsizing, the fear of being trapped or stuck is under water is a very real core fear. Any time your boat is in rough water and you worry about a capsize, this fear may be triggered. The best way to overcome this type of fear is to learn to relax. Easier said than done. Learn to do a wet exit in a safe environment (SK102 or Fall out of your Boat Day is a perfect opportunity). It takes time to build your skill level gradually. Learn more about weather, waves, and local conditions. Build your

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## **Voting Open for 2025 CPA Officers**

Voting is now open for CPA Officers (Coordinator, Secretary and Treasurer) and the six members of the Steering Committee for the 2024-25 term (November to November).

Members will be able to vote online at <a href="https://www.cpakayaker.com/chesapeake-paddlers-association-inc-e-voting/">https://www.cpakayaker.com/chesapeake-paddlers-association-inc-e-voting/</a> or use the ballot on page 9 to vote by mail. Members will need their CPA membership number to vote.

Election results will be announced at the Annual Meeting on **Sunday, November 3, 2024 at noon at the Cult Classic Brewery**, 1169 Shopping Center Road, Stevensville, MD 21666. Members can also vote in-person at the meeting.

Below are the candidates who have accepted nomination for their respective positions and the "stump speeches" for their candidacies:

## Coordinator

**Paula Hubbard:** I am running for CPA Coordinator because I believe that CPA provides a mix of events, skills training, that is very valuable to the



paddling community. It has been a busy and eventful year for many of us and I would like to continue to support these activities and represent the club. This past year we had several very successful training events, SK101, SK102, Navigation

Class, Fall Out of your Boat Day, etc. We continue to sponsor events for all level of paddlers including the Kent Island Practice Paddle Series, Meet and Greet sessions for new members, Boat Repair, Piracies, and just plain paddles.

In addition we have supported improved water access in Ann Arundel County. I have been happy to have had the pleasure of working with many of the members and the steering committee in making CPA a viable and active organization and I am looking forward to continuing and improving these efforts.

## <u>Secretary</u>

**Sue Stevens:** It is an honor to serve as our club Secretary and would be a pleasure to serve for 2025. No way I could be the secretary and keep up



with our members without help from our club officers and very active piracies.

My tasks as Secretary include managing the off-line CPA membership database, the club meeting minutes, Paddler News e-distribution, and commuting to the CPA

Mailbox PO 341 (off I 95 in Greenbelt), manage our CPA membership renewal & dues status- monthly reminders, assist at SK101 and organize the popular Kayak Skills Day /Gear Day each June. Let's set up more day trips in 2025!

I organize the weekly locations & schedule for our weekly Pirates of Arundell Wednesday after-work-kayak outings (19+) and postdates, collect waivers, launch info & directions to our CPA Meetup calendar from early May – October, when it gets to dark too quickly, and the bugs start to bite.

I am looking forward to a brand new safe & healthy & sane kayaking year in 2025!

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### (PoG at 25 from page 1)

the group; during that period, the running joke when we introduced ourselves at the start of a paddle was that David's goal was to keep us safe on the water, but if he didn't, Stephen, an ordained minister, was there to administer last rites.



2002 Ducky Night. Pirate King David Moore is kneeling, center.



2004 Halloween party (including then-leaders Dave and Cyndi)

It was at this time that the group adopted the name "Pirates of Georgetown" to be consistent with CPA's other weekly paddling groups. While Stephen moved on after a few years, David continued to lead the group, and we increasingly focused on skills development. Typically, paddlers would launch one

by one as they were ready in order to keep the fairly small dock space at Jack's clear, and as paddlers gathered on the water in advance of group launch time, we'd practice rescues and even occasionally



Halloween 2005: Noah's ark

rolling. That era included "ducky nights", where the leaders handed out rubber duckies to paddlers who successfully demonstrated rescue skills.

Over the 2004 through 2006 seasons David handed off leadership of the group to Dave Biss and Cyndi Janetzko (who say their first date was a PoG paddle!), excellent paddlers who helped deepen the group's skills knowledge and added an element of light-hearted fun. Water squirters and floaty pool toys became as common as PFDs on our Thursday night outings. During this period our relationship with Frank Baxter and Jack's also deepened. Several people from the group developed strong friendships with Frank, and we'd help him out with work days at the beginning and end of the season. Features of this era included an annual Halloween

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January 2006 Ice Pirates: Dave Biss (left), Marshall Woodruff (right), and me (center)

paddle in costume, dinner at the Georgetown Chipotle on M Street after paddling, and unofficial continuation into wintertime with Ice Pirates paddles.

Alas, it seems all good things must come to an end, and in 2013 the National Park Service turned the Georgetown boathouse location over to a new operator whose high-volume business model didn't mesh well with a kayak club descending on the place every Thursday night. The Pirates of Georgetown decamped from Georgetown to Columbia Island Marina on the other side of the river near the Pentagon (but still, in fact, in DC). We continued our engagement with the community, supporting events such as triathlons, but we saw a drop-off in numbers once we moved to the new, less centrally located location. We would still go out to eat after paddling, but it required getting in the cars

and driving to Pentagon Row – considerably less convenient than walking up to M Street in Georgetown had been.

After a brief interregnum where Matt Blakey and Paul Bieri ran the group, our next leader was Peter Harris, who gave the group a performance focus. While Dave and Cyndi were powerhouse paddlers, it was Peter who cranked up the group's speed. During that era apparently we were known as the fast piracy. Peter lived way out in the exurbs and upon retirement he had no more reason to come into Arlington, at which point he handed the reins over to Larry Ichter, Tom Heneghan, Rob Pearlman, and me. Larry has since stepped down; the other three of us remain the Pirate Captains for the group.

PoG didn't operate during the pandemic, and postpandemic we were happy to see many of our regulars return, plus we've seen an uptick in new faces – as well as some old-timers from way back! The current Pirate Captains have introduced the practice of snacking and socializing at the marina's waterside picnic tables after paddling. Sunset over the Pentagon can be surprisingly lovely.

As the one kayaker who has paddled with PoG every year of its existence, it's hard for me to believe a quarter century has gone by since my first River Rats paddle. I remain friends with many paddlers I've met over the lifespan of the group, and am always happy when an old-timer makes an appearance. I invite anyone who wants to see DC's sites from the water to join us on a Thursday evening!

## **Wanted: More Paddler Profiles**

Paddler Profiles are a newsletter feature designed to feature...YOU! We'd like to know more about CPA members and this is your chance to tell us more about your paddling experience, what draws you to the water and what else is going on in your life.

Just fill out the few simple questions <u>here</u> and <u>send us</u> a recent photo of you in paddling mode. We'll do the rest, and soon all your CPA paddling buddies will know more about you.

For a complete roster of past Paddler Profiles, see the CPA Website <a href="here">here</a>.

(Stump Speeches from page 3)

## <u>Treasurer</u>

Rich Stevens: I have been Treasurer and



Corporate Agent for CPA for a number of years now, and would be honored to serve again. I've worked to ensure that all the proper federal and state filings have been kept up to date. I've also worked hard to ensure that members are reimbursed in

a timely manner, all payments are properly recorded and deposited, and that the necessary paperwork is kept up to date in an orderly fashion. I plan on continuing to work to seek other ways for the Club to give back to our members and to ensure that Club funds are spent wisely. Although I generally hate paperwork, I've enjoyed my work for CPA. No fame and glory, but a necessary part of a corporation. I also serve as Corporate Agent

In addition, I've served as a Pirate Captain for the Pirates of Arundell for a number of years and assisted with SK101, Skills Day/Gear Day, and several other annual CPA events. I'm part of the Website and Forum team under Gregg Banse.

# Candidates for Steering Committee

(Listed alphabetically)

Lisa Arrasmith: I went looking for the Chesapeake



Paddlers Association in the spring of 2005 as I planned to buy my first kayak. I'm glad I did. The people of the CPA led me to so many places on the water: Around Manhattan in 2010 and 2014 because of meeting Jerry Blackstone, instigator of the Manhattan

Circumnavigation, at a CPA Elk Neck camper; Around Kent Island in one day because of meeting Marshall Woodruff, instigator of the Kent Island Practice Paddle (KIPP), at a CPA holiday party; Upside down in my boat because of the CPA's insistence that everyone do a wet exit from the boat they're in today. Me, I instigate public water access so everyone can get to the water. In the last ten years our wet feet activists- and that means you!-jailbroke 10 waterfront parks totaling 1,540 acres in Anne Arundel County. Together, the CPA does great things because we are all good at different things. I like being part of the Steering Committee team and hope you will re-elect me.

Marilyn Cooper: Hello there, I am running for the



steering committee with the Chesapeake Paddlers
Association again this year. I have been able to help support this organization through the Sugarloaf Piracy and other events such as SK101 and yearly gatherings/ trainings. I want to bring my experience and leadership to help others to enjoy

this sport that has become a large part of my life. I have been paddling for 7 years, attained my L3 instructor certification with ACA in the past year, and hope is using this experience to continue to serve on the steering committee.

Some of my goals on the committee are to plan an interesting and informative SK101, help promote water access around our area, foster an inclusive environment where everyone is welcome and explore opportunities to expand our partnership with other similar kayaking organizations.

Ben Mayock: I am grateful for an opportunity to



serve on the Chesapeake Paddlers Association's Steering Committee.

I joined CPA soon after I began kayaking in 2011 and have benefitted from many of the resources it has provided such as SK 101, 102, and 103 (Trip Leader Training). I have

participated in many CPA activities including KIPP

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where I circumnavigated Kent Island twice by water and once by land as ground support for the circumnavigation.

For the past two years I have been a captain with the Sugarloaf piracy. I've led paddles for CPA and other local paddling groups including WatersEdge and CKA, and have participated in paddling activities sponsored by Cross Currents and the Delmarva Paddlers Retreat among others

I enjoy volunteering and helping others, and currently walk dogs for Small Miracles, an animal shelter, and maintain cabins for the Potomac Appalachian Trail Club. I look forward to contributing my resources to CPA.

Barbara Southworth: CPA has been an important



part of my paddling life about as long as I've sea kayaked, over 25 years. Bringing on younger paddlers has been on my mind, so I would like to work with others who also have possible recruitment ideas we might pursue. I tout CPA to other paddlers and

think I've steered a few to the organization because of what I've always loved about it - its twin focus on fun and safety, not to mention the myriad ways CPA gets us out on the water discovering new people, places and skills. I've benefitted greatly sharing the KIP experience, SK102, navigation training, day trips, cabin trips, camping trips, including out of the kayak, etc. I'm glad to be asked to be part of the Steering Committee and look forward to supporting the wonderful group driving CPA, and finding new ways to be involved.

I've long loved Maine for paddling, hiking and photography, including the Allagash by canoe before I sea-kayaked. I've spent months on end in Stonington and a recent visited after an absence convinced me I need to spend more time there once again. I would love to help coordinate a CPA foray to paddle among the dozens of very alluring Stonington-accessible islands, including island venues that could accommodate a good number of us.

Ricardo Stewart: Hello, it was an honor working on



the Chesapeake
Paddlers Association
(CPA) steering
committee last year, and
I am running to serve
again. I have been a
CPA member since June
2015 and have attended

and enjoyed many educational and social opportunities offered through CPA, including numerous SK101/SK102 sessions, weekly piracy paddles, and KIPP paddles.

Over the past two years, I have assisted in organizing paddles with the Pirates of the Sugarloaf. This past year, I worked on fostering CPA outreach and collaboration with the Canton Kayak Club (CKC). CKC primarily serves non-Kayak owners in the greater Baltimore region with access to club kayaks in 9 dock locations. Their model allowed me to learn/grow as a kayaker before buying my kayak. I want to continue fostering more collaboration between CPA and groups that cater to paddlers who are younger or from less-represented communities.

I have worked to grow as a kayaker, enrolling in many personal kayaking courses (UnCon 1 & 2, retreats, and symposiums) over the past two years, with plans to continue. I have also taken the ACA Level 2 Instructor course. I have enjoyed the fellowship, sense of community, peer mentoring, and opportunities to learn and develop as a kayaker that CPA has provided. As a steering committee member, I hope to help others gain that opportunity and continue supporting the goals of CPA.

**Sophie Troy:** I have been a member of CPA for 13



years and have learned most of my paddling skills from its more experienced members. I also attended SK 102 twice and participated in multiple kayak camper trips. I also paddle with other kayaking groups which lead me to experience a wide variety of places and conditions from Florida

to Manhattan. I have been a co-captain of the

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## (Continued from page 7)

Pirates of Baltimore for several years and recently took classes with Cross Currents as an UnCon I student to refine my skills and get introduced to kayak surfing.

I am honored to be asked to run for membership in CPA's Steering Committee. If elected, I would like to work on increasing the number of paddles offered on weekends and weekdays to boost membership participation. I would also like to increase the number of opportunities for skill practice during the paddles and organize paddles geared towards less experienced paddlers.

Jean Wunder: I am honored to be nominated to



serve on the Chesapeake Paddler's Steering Committee I have been a member of CPA since April 2015. As a member I have enjoyed the benefits offered by this organization which include many learning

opportunities such as SK102, fall out of your boat day, and KIPP (a commitment to circumnavigate Kent Island). Over the years I have become more involved in the organization by volunteering my time as a captain for the Pirates of Baltimore and other one-day activities because I believe in giving back to an organization that has given me so much. As my skills have grown in the paddling sport, I have come to recognize the importance of camaraderie and safety on the water. If elected I will continue in the tradition of this organization of promoting these ideals and encouraging others to find the passion as I have for paddling.

# **Upcoming Events for Oct/Nov**

## See CPA Meetup Page for Details of these and other events be sure to RSVP

PON Paddles - Daytime Paddle - Bohemia River, Chesapeake City	Thursday, October 3, 2024 10:00 AM to 1:00 PM EDT	Bohemia River State Park Augustine Herman Highway · Chesapeake City, MD	Bob S.
Pirates of the Patuxent - Solomons	Thursday, October 10, 6:00 PM to 8:00 PM EDT	Solomons Island Boat Launch 14195 Solomons Island Rd S · Solomons, MD	Tony T and Daniel D
Pirates of Georgetown	6:00 PM to 8:00 PM EDT Every week on Thursday until October 24, 2024	Columbia Island Marina George Washington Mem Pkwy · Arlington, VA	Jesse and 2 others
Pirates of Baltimore - Dinner Finale RSVP NLT Oct 18th	Tuesday, October 22, 6:00 PM to 9:00 PM EDT	Carson's Creekside	Jean W
Emory Landing Campsite Cleanup and Camping RSVP NLT Oct 20 at 3PM	Friday, Oct 25, 2024 at 10:00 AM to Sunday, Oct 27, 2024	Patuxent River Park - Jug Bay	Greg W and Jenny P.
Annual Meeting, Meet & Greet & POTLUCK	Sunday, Nov 3, 2024 12:00 PM to 2:00 PM EST	Cult Classic Brewing 1169 Shopping Center Rd · Stevensville, MD	Sue Stevens and 3 others
Chickahominy Camper	Friday, November 8, at 3:00 PM to Monday, to November 11, at 3:00 PM	Chickahominy Riverfront Park 1350 John Tyler Highway · Williamsburg, VA	Suzanne F. and Elizabeth B.

# **Vote for CPA Officers and Steering Committee Members**

At the CPA Annual Meeting on November 3, 2025, we will discuss CPA business, elect the CPA Officers (Coordinator, Secretary, Treasurer) and the six Steering Committee positions for the 2024/2025 term (November through November).

Potential candidates were asked to send in their nominations and a brief stump speech by October 1 so they could be listed on the ballot below and their speeches printed in this newsletter and posted on the CPA website at <a href="https://www.cpakayaker.com/cpa-officer-election stump-speeches/">https://www.cpakayaker.com/cpa-officer-election stump-speeches/</a>. Any member may also conduct a "write-in" campaign. Voting is customarily done online,

by mail or in- person at the Annual Meeting.

You may vote online at: <a href="https://www.cpakayaker.com/">https://www.cpakayaker.com/</a> <a href="https://www.cpakayaker.com/">chesapeake paddlers-association-inc-e-voting/</a> or vote by mail by using the ballot below.

You will need your member number to vote. It's on your CPA membership card. Only one valid ballot per membership, including family memberships.

## Official Mail-in CPA Ballot

Ballots must be received by November 2, 2024 to be counted.			
Your CPA Member Number(required for a valid ballot, it will be emailed	ed to you in October).		
Officers (choose one of each)			
Coordinator (vote for one)			
Paula Hubbard			
(Write-in Candidate)			
Secretary (vote for one)			
Sue Stevens			
(Write-in Candidate)			
Treasurer (vote for one)			
Rich Stevens			
(Write-in Candidate)			
Steering Committee (choose six)			
Lisa Arrasmith			
Marilyn Cooper			
Ben Mayock			
Barbara Southworth			
Ricardo Stewart			
Sophie Troy			
Jean Wunder			
(Write-in Candidate)			
If voting by mail: please print out this page, vote, place the ballot	in a stamped envelope, and mail it to:		
The Chesapeake Paddlers Association, Inc. Attn: Ballot P.O. Box 341 Greenbelt, MD 20768-0341			

# **Survey of Patuxent Paddle-In Campsites**

# By Ralph Heimlich

The Anne Arundel County Department of Recreation and Parks manages two Paddle-In Campsites on the Patuxent River: Ford Campsite at Stocketts Run near Harwood, Maryland, and the Emory Landing Campsite (formerly known as the Riggleman property) at Jug Bay's Emory Waters Nature Preserve near Lothian, Maryland. Both campsites were opened in 2017.





Tent Fait, five King, and Fluxs Table at the Empy Lotating Correction

To better understand how the campsites are utilized and what improvements or changes users would like to see, AA DRP sent a 36-question survey to 58 unique customers who reserved the campsites between April 2022 and June 2024, out of 366 total visitors and 118 paid reservations. 26 respondents replied, 6 for Ford/ Stocketts Run and 20 for Emory Landing.

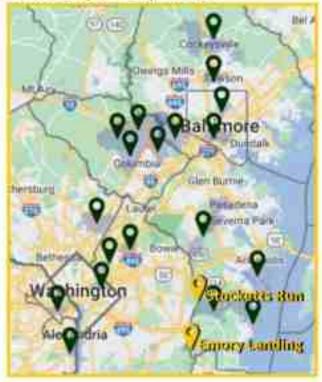
Most of the respondents (15) found out about the campsites from CPA trips, the Patuxent Water Trail information, friends and family, a Google search, or the Patuxent Riverkeeper. Emory Landing was the most used campsite, followed in decreasing order by Spice Creek, White Oak Landing, Ford/Stocketts Run, Milltown Landing, Maxwell Hall, and three of the other sites on the water trail.

A third of responses were from AA county, 6 from Howard, and only 1 from as far afield as Washington, DC.

Most of the respondents (54 percent) do primitive camping, while 38 percent do car camping with amenities like water and electricity. Nearly three-quarters of respondents spent more than 6 nights per year camping, with 15 percent spending more than 21 nights in camp.

Most respondents launched from Queen Anne Canoe Launch to access Ford/Stocketts Run, and either returned there or traveled downriver to Wooten's Landing, Jackson Landing, or the Clyde Watson Ramp. Most respondents launched from either Selby

## What is your zip code?



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kayaking skills. Start with your comfort level; push it bit by bit. It helps to work with an instructor, coach, or mentor.



Developing comfort in conditions that once caused anxiety doesn't happen overnight. Don't expect one class or session to fix everything. As you push out of your comfort zone focus on making yourself relax and breath. When I was learning to become comfortable in rough water it took several years, not days or weeks to gradually build my comfort level in rougher and rougher water. Practice is essential. If you don't push the limits of your comfort zone, it can contract rather than expand. Fear isn't always about big waves, wind, or surf. It is any condition where you feel uncomfortable.

Breathing is more important than you think. Usually, anxiety begins with short breaths. The short breaths cause a number of negative reactions in your body which quickly become an anxiety attack. The key to overcoming those fast outbreaks of anxiety is to control your breathing. When I notice a paddler becoming anxious, I frequently just start a light conversation. That distraction can get the paddler to think about something other than the next wave that might knock them over.

Another common fear is fear of failure. The fear of failing is something most people struggle with at some point in their lives. It can show up as perfectionism, performance anxiety, or even a pattern of playing it safe and avoiding the spotlight. This type of fear may stop you from exploring more challenging

environments, even when you have the necessary skills

How do you manage fear when a challenging situation presents itself? Her are some techniques that may help.

- Remember when you were successful in a similar situation.
- Visualize doing it successfully
- Remember your training.
- Think big, engage your core muscles, keep paddling.
- I talk to my kayak; The boat wants to be upright with me in it.

A common scenario involving fear occurs when you are paddling in relatively calm water, but as you come out of the shelter of shore, the wind picks up, the water becomes more confused, there is rebound of waves from a sea wall. The water looks much rougher than what you normally paddle. Your initial reaction is fear. You become tense, breathing becomes shallower and sometimes you even hold your breath. You hold the paddle tighter. Your smooth forward stroke becomes short and choppy. You stop paddling and start to brace. You are afraid that you will capsize and the water is cold and wet.

To overcome this fear, remember your training. Sit up straight, try to consciously relax, and let the boat move with the water. Remember your good powerful forward stroke. Powerful strokes moving the boat through the water provides more stability than sitting still. As you feel the boat stabilize and you successfully paddle through the confused area into calmer water you relax and continue to enjoy the paddle. The next time you encounter the same situation remember the feeling of successfully paddling through similar conditions on a previous paddle. Eventually you will no longer fear these conditions, your comfort zone has expanded.

If you are still afraid, is what you want to do realistic? It's OK to admit something is scary. Do you have the capacity to go on? Can you stop and talk about it? Can you avoid the situation, take a different route, or

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### (Cordinator Column- from page 11)

just go back? You don't have to and in reality, shouldn't do everything that scares you. In fact, sometimes people are not fearful when they should be.

When dealing with fear, we need to understand risk and the difference between perceived danger and real danger. A moderate area of rough water near an inlet with an on-shore wind and incoming tide is not a real danger. You might capsize but you know how to do a wet exit safely, the incoming tide will carry you to a safe area where you can get back in your boat with the assistance of someone in your group. As long as you are dressed for the water and have the basic skills, you can safely push your comfort zone. The same conditions with an outgoing tide and off shore wind presents more of a real danger. A capsize may result in being carried out into an inlet into more dangerous waters. Lightning is an absolute real danger. You need to get off the water.

The most important thing is to acknowledge when you get scared, and figure out what it is that's scaring you. As sea kayakers we need to examine

and manage our fear because fear can incapacitate us, and it keeps us from having fun. Being thrilled is fun, but being scared is not. Fear is physical and can impede skills and judgment. Learn to help others and yourself deal with fear and your paddling trips will be more rewarding. The awareness of fear will help you experience the pleasure of sea kayaking and of just being alive.

So, keep paddling, safely expand your comfort zone as far as you choose. Not everyone is expected to be a rough water paddler, and some can have fun playing in those conditions. It's all about your personal choices.

Paula Hubbard
CPA Coordinator.



## (Survey of Paddle in Campsites from page 10)

Landing at Jug Bay or the Queen Anne Canoe Launch to access Emory Landing, and returned to those locations.

More than half of respondents to both sites were camping just one night and paddled 11-15 miles on their trip.

Ford/Stocketts Run campsite was rated "Poor" by a third of respondents, and half would not recommend the site to others. This was primarily due to the poor access to the campsite up a steep and muddy bluff, and the overgrown vegetation fostered by the mulch fill on the camping pads.

By contrast, 85 percent of respondents rated Emory Landing as "excellent" and 90 percent would recommend it to others. Remaining issues with Emory Landing included difficulty in finding the campsite from the river, and difficulties with unloading and moving water craft up from the landing. Many of the respondents had issues with the registration website for the two campsites [Note: registration for campsites on the Patuxent Water Trail are handled separately for the two AA county sites, 6 sites in PG county, and one in Charles county].

The complete survey analysis, compiled by Park Ranger Nick Shearman can be reviewed at <a href="https://example.com/herein/herein/">here.</a>

## The Chesapeake Paddlers Association, Inc.

The mission of the Chesapeake Paddlers Association is to provide a way for people to enjoy sea kayaking within the Chesapeake Bay area and to promote safe sea kayaking practices through educating the local sea kayaking community and the interested public.

Websites: www.cpakayaker.com, CPA Facebook page; CPA Meetup page

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#### The Chesapeake Paddler

The Chesapeake Paddler is published 10 times a year, with combination issues in Nov/Dec and Jan/Feb. The deadline for submitting copy is the 15th of the preceding month. Articles and illustrations (graphics, photos) should be submitted as separate attachments to: news\_editor@cpakayaker.com

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All *Paddler* newsletters are sent via email with a link to the current monthly issue. Please be sure to keep your email address current to keep receiving the *Paddler* newsletter and for reminders of when your membership is up for renewal by contacting the <u>CPA Secretary</u>.

If your CPA membership has expired, or will expire soon, please send in your dues to: CPA, P.O. Box 341, Greenbelt, MD 20768-0341 or use the Online Membership option to use PayPal or find more information about membership.

Display advertising that relates to the interests of our readers is accepted, contact the editor at <a href="mailto:news\_editor@cpakayaker.com">news\_editor@cpakayaker.com</a> for ad rates and specifications. Public service announcements and personal ads to sell kayaks/ accessories are published at no charge; non-members pay \$10 per ad.

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